



Purple Belt Research Project:

Dan Yul

The following project is due before you test for Red Belt. The exact due date will be given when you receive permission to test. Please submit your completed project to sabumnim@traditionalmartialartsacademy.com.

1. Give a dictionary-style definition for Dan Yul.
2. Give a more personal description of Dan Yul, making specific reference to experiences and circumstances in your life.
3. Design, implement and write a report on a project that studies the meaning and application of Dan Yul in your life. You must get approval for your idea before beginning the project.
4. In your report, describe what you learned from the experience. What went well and what did not? How did your project change your understanding of Dan Yul?