



# Orange Belt

## Dojang Code Research Project:

# Honor

The following project is due before you test for Green Belt. The exact due date will be given when you receive permission to test. Please submit your completed project to [sabumnim@traditionalmartialartsacademy.com](mailto:sabumnim@traditionalmartialartsacademy.com).

1. Give a definition for Honor.
2. Describe a time in your life when you experienced Honor.
3. Make a project that experiments with Honor in your life. When you are done, write a report describing your experience using words, pictures, video or any other media. You can use an idea of your own or you can use one of the following:
  - For one week, do not tell a lie. Keep a journal of your experiences. Why is this difficult? In what situations did you have hardest time being honest? How did it feel to be honest, even if you didn't want to?
  - For one week, do everything that you say you will do. Keep a journal of your experiences. Why is this difficult? In what situations did you have hardest time keeping your word? How did it feel to keep your word, even if you didn't want to?
  - For one week, take responsibility for your mistakes. If you do something wrong, acknowledge it, accept the consequences without complaint and, if appropriate, apologize and make up for what you did. Keep a journal of your experiences. Why is this difficult? In what situations did you have hardest time taking responsibility for your actions? How did it feel to responsibility for things, even if you didn't want to?

You must get parent and instructor approval for your idea before beginning the project.